## RELEASE





## Tender loving care for teddy at the Teddy Bear Hospital!

On 16 September 2023 the Queen Fabiola Children's University Hospital (within the Brussels University Hospital) will be holding its 4<sup>th</sup> Teddy Bear Hospital event. The concept? Throughout the afternoon, as budding nurses and with the support of the "teddy bear specialists," children will making the best decisions in the interests of their ailing teddies. An event with a twofold objective: to promote awareness of the hospital environment and to encourage preventive action in the field of health.

## A hospital designed for children!

The idea behind the Teddy Bear Hospital is to reproduce as faithfully as possible, but in a way appropriate for children, the atmosphere of the hospital and medical environment in the form of a pathway that is both fun and educational. Specifically, children between the ages of 3 and 12 accompanied by their parents are invited to bring their sick or injured teddies to this mini hospital dedicated exclusively to them!

## A genuine care pathway that is fun as well as educational

With teddy's health card in their hands and depending on the type of care the teddy bear needs, your child will visit the various departments and meet the various healthcare professionals - or "teddy bear specialists" as we call them! Paediatrics, tests, vaccinations, surgery, dermatology, plaster casts, nursing, resuscitation, wound dressings... every form of care will be presented to ensure optimal care for the teddy patient. Three new features this year: a stand dedicated to mental health, a stand dedicated to siblings, and a stand dedicated to newborn care. At each stop along the way, the child will come to understand the importance and role of each department; and as at the hospital, the teddy's health record will be completed. By making the child the key player in the teddy bear's care pathway, he or she will be able to get to know this still largely unknown world that can be a source of anxiety and increase their knowledge and understanding of health. The last stop along the way will be the sensory garden where children will be treated to light refreshments and soft drinks and will be awarded a diploma.

## Stronger partnerships for the 4th edition of the Teddy Bear Hospital

Coordinated by the HUDERF for the fourth year running, the Teddy Bear Hospital is starting a new chapter in its history by also stimulating collaboration with the teams that make up the Brussels University Hospital (H.U.B), with for the first time the participation of a care team from the maternity and pediatrics departments of the Erasmus Hospital in the Teddy Bear Hospital course. Once again this year, the BEMSA ULB committee of medical students will reinforce the project, with the aim of raising awareness among tomorrow's caregivers of the specificities of paediatric patient contact.

Also present on the day will be associations and artists such as the Docteurs ZinZins clowns who the children will encounter along the way as well as the Stormtroopers from the Star Wars saga from the Fan Wars Garrison for a souvenir photo with the children!

## Practical information

The event is free, but registration is required! If you'd like to join in this 4th edition, register now via the HUDERF website: <a href="https://www.huderf.be/en/teddy-bear-hospital-fun-and-educational-care-pathway-1">https://www.huderf.be/en/teddy-bear-hospital-fun-and-educational-care-pathway-1</a> We look forward to meeting you on 16 September 2023 between 1 pm and 5 pm at the HUDERF: Avenue Jean Joseph Crocq 15, 1020 Brussels. Think soft mobility and public transport!

## PRESS RELEASE





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## **ABOUT THE CHILDREN'S HOSPITAL**

The Queen Fabiola University Children's Hospital is the only Belgian hospital exclusively dedicated to children and adolescents. By doing everything possible for the well-being of children, our hospital contributes to their being actors of their own development and to their blossoming in society.

The hospital's mission is to

- To care for and support children, a dolescents and their families through comprehensive, multi disciplinary, humanistic and excellent care.
- To provide high-level teaching and research through a continuous process of innovation and development of knowledge.
- To contribute actively to health education.

The Children's Hospital in figures: 183 beds, nearly 135,000 consultations, more than 36,000 emergency admissions and more than 41,000 days of hospitalisation per year. More than 3,700 operations are performed in the operating area each year. More than 1,000 people work there today, representing 750 FTEs (full-time equivalents), including 170 FTE doctors (52.5 post-graduate FTEs) and 440 FTE nurses and paramedics. www.huderf.be

## ABOUT THE ERASMUS HOSPITAL

The Erasmus Hospital is located on the Erasmus hospital-faculty campus, which includes the Faculty of Medicine (about 3500 students), the Faculty of Motor Sciences (about 1100 students) and the School of Public Health (about 600 students). Opened in 1977 and with a capacity of 1,048 beds, the hospital receives 25,000 to 30,000 inpatients annually and has 350,000 to 400,000 consultations.

More than 4,000 members of staff, in 80 different professions, contribute on a daily basis to providing care under the sign of ambition, excellence and well-being. The Lothier Polyclinic and 2 external centres (the Traumatology and Rehabilitation Centre - CTR and the Geriatric Revalidation Centre - CRG) complete the care offer.

www.erasme.ulb.ac.be

## **ABOUT THE H.U.B**

The Hôpital Universitaire de Bruxelles (H.U.B) is the academic hospital of the Université Libre de Bruxelles (ULB), which unites the Jules Bordet institute, the Erasme Hospital and the Queen Fabiola Children's University Hospital (HUDERF) since 2021.

As an international reference center, located in the heart of the Brussels Region, the H.U.B offers high quality general, oncological and pediatric care.

This excellent care, accessible to all, is enriched and sustained by a dual approach of scientific research and teaching for the caregivers of tomorrow.

# RELEASE





In 2022, the H.U.B. is composed of more than 6,000 employees who share the following values: Interest of the patient, Respect, Commitment, Solidarity, Diversity and Inclusion, and the principle of Free enquiry. www.hubruxelles.be